

## INTRODUCTION TO MENTAL HEALTH LEGISLATION & POLICY

This course is for all staff working with people with mental health problems in any setting who need to know about basic mental health legislation and policies.

We will cover the civil sections in outline of the Mental Health Act 1983 and also after-care planning under the Care Programme Approach.

We will also be giving the outline of the new developments in mental health legislation such as the Mental Health Bill 2006 and the main changes/amendments proposed to the Mental Health Act 1983.

As legislation can be difficult to 'take in' until applied in practice situations, this training will be a lively mix of case studies, video material and discussions to bring this topic 'alive' for participants.

By the end of the training participants will have achieved the following:

- Increased their understanding of mental health legislation & policy
- Explored practice issues and the philosophy of the Mental Health Act 1983
- Discussed After-care under the Care Programme Approach and constructed a care plan
- Had the opportunity to learn about the Mental Health Bill 2006 and discussed new initiatives in mental health legislation and policy.

This course is an introductory course for staff who are not Approved Social Workers.

Advanced courses for health and social care practitioners, particularly Approved Social Workers, on mental health legislation, the Mental Capacity Act 2005 and the Mental Health Bill 2006 can be arranged and facilitated through Mental Health Trainers.

**Jessica McKoen**  
**[jessicamckoen@aol.com](mailto:jessicamckoen@aol.com)**  
**0208 881 8838/07747025128**  
**[www.mentalhealthtrainers.co.uk](http://www.mentalhealthtrainers.co.uk)**