

## **BEREAVEMENT AND LOSS**

This is a one day course which meets the following aims and objectives:

*AIM:*

To provide staff with the theoretical frameworks, relevant research findings and models of good practice in respect of working with individuals who are bereaved and who have had major losses in their lives.

This course is open to all workers in Health & Social Care settings working with any client group.

At the end of the course participants will have:

- explored personal reactions to loss
- looked at the religious, cultural, social and family impact of bereavement
- looked at the theoretical frameworks of loss and applications to your practice
- focused on a case study
- discussed situations of 'expected' and 'unexpected' loss
- explored their feelings as workers working in these situations

**Jessica McKoen**  
**jessicamckoen@aol.com**  
**0208 881 8838/07747025128**  
**[www.mentalhealthtrainers.co.uk](http://www.mentalhealthtrainers.co.uk)**