

## MEDICATION & MENTAL HEALTH

Many health & social care practitioners in mental health settings, work with service users who are taking prescribed medications for their mental distress.

Medications for mental health conditions can have a huge impact on day to day functioning and motivation of service users.

For staff working in the mental health field it is essential that they know about the medications prescribed to their service users and potential common side effects.

By attending this workshop participants will have gained:

- An up to date overview of the latest medications prescribed for mental health conditions
- Common medication for psychoses and the affective disorders
- An awareness of side effects, risks and benefits of medications
- The role of medication in care planning with mental health service users

This essential workshop can be held in the workplace to a maximum of 20 participants, and will be facilitated by Jessica McKoen lead trainer, and Jenny Lewis, service user trainer.

**Jessica McKoen**  
**Mental Health Trainers 2008**