

DEPRESSION AND OLDER PEOPLE

AIMS

To develop an understanding of how and why depression may affect older people and strategies for working with depression in older people.

LEARNING OUTCOMES

By the end of the day participants will have gained an understanding of

- The nature of depression in older people
- The difference between Depression and Dementia in older people
- The thoughts feelings and behaviours associated with depression
- The issues which staff may encounter when managing the care of older people with depression
- How to communicate and work with older people with depression
- The impact on care planning and the use of relevant legislation

This course is suitable for all health and social care staff in social services, health trusts and the private and voluntary sector working in fieldwork, community work, residential and day care settings.

This course also has links with the underpinning knowledge required for NVQ Health & Social Care levels 2 & 3.

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Mental health Trainers 2008