

SUICIDE AND DELIBERATE SELF-HARM

This is a two day course which meets the following aims and objectives:

AIMS:

To provide staff from statutory, voluntary and independent organisations with the theoretical frameworks, relevant research findings and models of good practice in respect of working with individuals who are at risk of suicide and/ or deliberate self-harm. We also explore definitions and differences.

This course is suitable for staff in both Adult and Children and Family settings.

OBJECTIVES:

At the end of the course participants will have:

- identified which groups of people are at risk and why
- looked at the family implications of suicide
- explored risk management and crisis management of the suicidal client
- explored risk management & crisis management of the self harming client
- focused on case studies
- looked at the links between cutting and childhood sexual abuse
- explored their feelings as workers working with these difficult situations
- discussed how to support colleagues who have experienced a client commit suicide.

This powerful course is facilitated by Jessica McKoen, lead trainer, and a service user facilitator who talks about her childhood experiences and triggers for self harm.

Jessica Mckoen
Mental Health Trainers 2008